

**National Arena Swimming League
Round 1 Results (Horfield)**

1	Ladies Open Individual Medley	Sara Mazzeo	2:31.98S		
2	Mens Open Individual Medley	Steven Lewis	2:24.44S		
3	Girls 9 - 11 yrs 4x2 F/S Relay	May Keeble	Hollie Durant	Darcey Laurence	Maisy Hawkins
		2:26.74	38.11	35.51	36.12 37.00
4	Boys 9 - 11 yrs 4x2 F/S Relay	Hayden Phillips	Michael Long	James Belshaw	Jowan Kerry
		2:33.78	39.76	39.13	34.26 40.63
5	Girls 13/U 4x2 Medley Relay	Caja Rodda	Turaya Evans	Ellie Smith	Kerenza Piotrowicz
		2:21.18	33.28	38.13	36.68 33.09
6	Boys 13/U 4x2 Medley Relay	Max Wilton	Eliot Black	Callum Jolly	James Belshaw
		2:48.77	40.44	50.26	42.25 35.82
7	Girls 15/U 4x2 F/S Relay	Megan Vingoe	Ellie Phesse	Jade Exell	Rosie Boulton
		1:56.72	29.48	28.35	30.12 28.77
8	Boys 15/U 4x2 F/S Relay	Joshua Thomas	Mark Penrose	Daniel Lyford	Ben Hallam
		1:52.52	28.98	29.56	27.47 26.51
9	Ladies Open 4x2 Medley Relay	Ellie Phesse	Megan Vingoe	Sara Mazzeo	Emily Hoey
		2:07.89	31.17	38.62	30.21 27.89
10	Mens Open 4x2 Medley Relay	Edward Cockerham	Steven Lewis	Liam Armstrong	Lyndon Holmes-Beddo
		2:01.63	29.05	35.59	30.68 26.31
11	Girls 10 - 11 yrs 50m Backstroke	Hollie Durant	41.18S		
12	Boys 10 - 11 yrs 50m Backstroke	James Belshaw	42.29S		
13	Girls 13/U 100m Breaststroke	Caja Rodda	1:28.92S		
14	Boys 13/U 100m Breaststroke	Max Wilton	1:33.81S		
15	Girls 15/U 100m Backstroke	Ellie Phesse	1:06.75S		
16	Boys 15/U 100m Backstroke	Ben Hallam	1:05.97S		
17	Ladies Open 100m Butterfly	Sara Mazzeo	1:07.47S		
18	Mens Open 100m Butterfly	Liam Armstrong	1:12.24S		
19	Girls 10 - 11 yrs 50m Butterfly	May Keeble	45.47S		
20	Boys 10 - 11 yrs 50m Butterfly	Jowan Kerry	47.95S		
21	Girls 13/U 100m Backstroke	Turaya Evans	1:07.42S		
22	Boys 13/U 100m Backstroke	Max Wilton	1:23.70S		
23	Girls 15/U 100m Butterfly	Jade Exell	1:16.22S		
24	Boys 15/U 100m Butterfly	Daniel Lyford	1:14.11S		
25	Girls Open 100m Backstroke	Ellie Phesse	1:06.50S		
26	Boys Open 100m Backstroke	Edward Cockerham	1:05.44S		
27	Girls 10 - 11 yrs 50m Breaststroke	Amelia Durant	48.30S		
28	Boys 10 - 11 yrs 50m Breaststroke	Hayden Phillips	51.84S		
29	Girls 13/U 100m Butterfly	Caja Rodda	1:15.81S		

30	Boys 13/U 100m Butterfly	Callum Jolly	1:34.74S				
31	Girls 15/U 100m Freestyle	Ellie Phesse	1:03.73S				
32	Boys 15/U 100m Freestyle	Ben Hallam	58.25S				
33	Ladies Open 100m Breaststroke	Megan Vingoe	1:24.81S				
34	Mens Open 100m Breaststroke	Steven Lewis	1:18.18S				
35	Girls 10 - 11 yrs 50m Freestyle	Hollie Durant	35.91S				
36	Boys 10 - 11 yrs 50m Freestyle	James Belshaw	34.56S				
37	Girls 13/U 100m Freestyle	Turaya Evans	1:04.59S				
38	Boys 13/U 100m Freestyle	Eliot Black	1:25.28S				
39	Girls 15/U 100m Breaststroke	Megan Vingoe	1:23.89S				
40	Boys 15/U 100m Breaststroke	Mark Penrose	1:22.46S				
41	Ladies Open 100m Freestyle	Sara Mazzeo	1:01.37S				
42	Mens Open 100m Freestyle	Lyndon Holmes-Beddow	57.74S				
43	Girls 9 - 11 yrs 4x2 Medley Relay	Hollie Durant	Amelia Durant	Darcey Laurence	Maisy Hawkins		
		2:55.48	43.57	49.26	44.36	38.29	
44	Boys 9 - 11 yrs 4x2 Medley Relay	James Belshaw	Hayden Phillips	Lowan Kerry	Michael Long		
		3:03.28	42.56	52.73	48.84	39.15	
45	Girls 13/U 4x2 F/S Relay	Kerenza Piotrowicz	Ellie Smith	Caja Rodda	Turaya Evans		
		2:06.72	32.61	33.28	31.08	29.75	
46	Boys 13/U 4x2 F/S Relay	Callum Jolly	Max Wilton	Eliot Black	James Belshaw		
		2:27.13	35.97	35.61	39.67	35.88	
47	Girls 15/U 4x2 Medley Relay	Ellie Phesse	Megan Vingoe	Jade Exell	Rosie Boulton		
		2:13.84	31.59	40.15	33.61	28.49	
48	Boys 15/U 4x2 Medley Relay	Ben Hallam	Joshua Thomas	Daniel Lyford	Mark Penrose		
		2:10.25	30.26	38.15	31.04	30.80	
49	Girls Open 6x2 F/S Relay	Rosie Boulton	Sara Mazzeo	Ellie Phesse	Emily Hoey	Megan Vingoe	Jade Exell
		2:54.48	28.92	28.43	28.63	28.93	29.42 30.15
50	Boys Open 6x2 F/S Relay	Liam Armstrong	Ed Cockerham	Lyndon Holmes-Beddow	Steven Lewis	Ben Hallam	Mark Penrose
		2:42.00	26.33	26.90	26.47	26.31	26.77 29.22