

**ASA South West Youth Championships  
Individual Results**

**CONGRATULATIONS**

to all our swimmers who qualified for  
and competed in the 2017 ASA South West  
Youth and Open Age Championships at Plymouth

Results include: **1 REGIONAL CHAMPION**

**11 new LC PBs, 6 Finalists,**

**2 Gold Medals, 2 Silver medals and 1 Bronze Medal**

Well done everyone!

	<b>Event</b>	<b>Time</b>	<b>F/P/S</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Rosie Boulton (16) F</b>	50 Free	29.42L	Heat	19	524	0.04
	100 Free	1:03.78L	Heat	18	544	0.25
<b>Ben Hallam (16) M</b>	50 Free	26.80L	Heat	18	474	-1.06
	50 Back	31.81L	Heat	27	431	0.43
	50 Breast	NS	Heat	---	---	---
	50 Fly	29.07L	Heat	21	459	-0.35
	100 Fly	1:11.66L	Heat	21	336	-13.73
	200 IM	NS	Heat	---	---	---
<b>Emily Hoey (21) F</b>	50 Free	29.86L	Heat	41	501	1.14
<b>Daniel Lyford (16) M</b>	50 Free	26.91L	Heat	22	469	-0.49
	100 Free	57.91L	Heat	16	531	-1.32
	1500 Free	18:25.48L	HDW	8	489	19.09
	50 Back	32.75L	Heat	32	395	-0.47
	50 Breast	35.21L	Heat	19	422	-0.87
	50 Fly	30.25L	Heat	33	407	-1.04
<b>Sara Mazzeo (17) F</b>	400 Free	4:45.35L	HDW	13	582	9.31
	50 Back	31.50L	Heat	6	633	0.80
	50 Back	31.32L	<b>Finalist!!</b>	4	644	0.62
	100 Back	1:10.03L	Heat	15	571	1.31
	50 Fly	29.85L	Heat	13	548	0.10
	100 Fly	1:07.07L	Heat	5	570	0.57
	100 Fly	1:07.09L	<b>Finalist!!</b>	6	570	0.59
<b>Mark Penrose (16) M</b>	50 Free	27.83L	Heat	40	424	-0.07
	50 Breast	35.10L	Heat	18	426	-1.32
<b>Ellie Pheffe (16) F</b>	50 Free	NS	Heat	---	---	---
	50 Back	31.89L	Heat	4	610	0.12
	50 Back	32.08L	<b>Finalist!!</b>	6	600	0.31
	100 Back	1:09.00L	Heat	7	597	1.61
	100 Back	1:07.99L	<b>Finalist!!</b>	7	624	0.60
	200 Back	2:28.65L	Heat	5	581	1.31
	200 Back	2:28.52L	<b>Finalist!!</b>	5	582	1.18
<b>Samantha Trestrail (21) F</b>	50 Free	29.42L	Heat	37	524	0.79
	100 Free	1:03.78L	Heat	31	544	1.58
	50 Back	NS	Heat	---	---	---
	50 Fly	30.96L	Heat	28	491	0.45
	100 Fly	NS	Heat	---	---	---
<b>Megan Vingoe (15) F</b>	200 Free	NS	Heat	---	---	---
	400 Free	4:39.22L	HDW	2	622	2.66
	800 Free	9:33.37L	HDW	2	614	8.84
	200 IM	2:30.42L	Heat	4	589	0.35
	200 IM	2:30.57L	<b>Finalist!!</b>	3	587	0.50
	400 IM	5:18.82L	HDW	1	596	-1.33