

**ASA South West Youth Championships
Individual Results**

CONGRATULATIONS

to all our swimmers who qualified for
and competed in the 2018 ASA South West
Youth and Open Age Championships at Plymouth
and 1500m at Millfield

Results include: 3 **REGIONAL CHAMPIONS**

5 new **LC PBs**, 6 **Finalists**,

3 **Gold Medals** and 1 **Bronze Medal**

Well done everyone!

	Event	F/P/S	Time	Place	Points	Improv
Turaya Evans (15) F	50 Back	Heat	30.70L	2	684	0.42
	50 Back	Finalist!!	31.06L	4	661	0.78
	100 Back	Heat	1:06.83L	2	657	1.76
	100 Back	Finalist!!	1:06.67L	4	662	1.60
	200 Back	Heat	2:25.56L	3	619	0.01
	200 Back	Finalist!!	2:27.28L	4	597	1.73
Emily Hoey (22) F	50 Free	Heat	29.47L	39	518	0.75
Lyndon Holmes-Beddow (18) M	100 Free	Heat	57.34L	40	547	-0.55
	200 Free	Heat	2:08.59L	34	499	2.02
Daniel Lyford (17) M	50 Free	Heat	26.04L	41	517	-0.02
	200 Free	Heat	2:07.21L	30	515	0.63
	200 IM	Heat	2:26.87L	33	467	-5.50
	400 IM	HDW	5:17.40L	11	453	3.95
Ellie Phesse (17) F	50 Back	Heat	31.55L	6	630	0.13
	50 Back	Finalist!!	31.77L	8	617	0.35
	100 Back	Heat	1:07.22L	8	646	0.64
	100 Back	Finalist!!	1:06.28L	6	674	-0.30
	200 Back	Heat	2:26.45L	7	607	0.07
Sarah Quartermaine (32) F	100 Fly	Heat	1:10.09L	29	495	---
Megan Vingoe (16) F	400 Free	HDW	4:34.16L	4	641	0.96
	800 Free	HDW	9:25.30L	1	630	4.46
	1500 Free	HDW	17:57.18L	1	634	---
	200 IM	Heat	2:29.70L	3	597	0.66
	200 IM	Finalist!!	2:30.75L	3	585	1.71
	400 IM	HDW	5:11.67L	1	624	-0.22