

**CONGRATULATIONS**

to all our swimmers who competed in the distance events of the  
2019 CCASA Long Distance Championships  
Results for 800m and 1500m Free include

**7 New PBs**

**5 Age Group Champions,**

**2 SENIOR COUNTY CHAMPION**

and a further medallist (top three places)

**and 2 new Club Records!**

Well done everyone!

	<b>Event</b>	<b>F/P/S</b>	<b>Time</b>	<b>Place</b>	<b>Improv</b>
<b>Evie Belt (13) F</b>	800 Free	HDW	9:51.03S	1	-18.63
	1500 Free	HDW	18:54.39S	1	-3.74
<b>Thomas Belt (11) M</b>	800 Free	HDW	11:59.95S	1	-43.52
	1500 Free	HDW	19:19.75S	4	-32.47
<b>Mace Dickinson (17) M</b>	800 Free	HDW	10:05.78S	2	-7.25
	1500 Free	HDW	20:23.56S	1	---
<b>Darcey Laurence (12) F</b>	800 Free	HDW	10:49.79S	1	-22.51
	1500 Free	HDW	20:23.56S	1	---
<b>Michael Long (13) M</b>	800 Free	HDW	11:27.84S	5	---
	1500 Free	HDW	20:20.36S	4	-35.66
<b>Tom Phillips (14) M</b>	800 Free	HDW	10:05.78S	2	-7.25
	1500 Free	HDW	22:31.50S	6	7.98
<b>Kate Staples (14) F</b>	800 Free	HDW	10:49.79S	1	-22.51
	1500 Free	HDW	20:23.56S	1	---
<b>Tamsin Stuart (14) F</b>	800 Free	HDW	11:27.84S	5	---
	1500 Free	HDW	25:08.81S	8	0.72
<b>Grace Turnock (14) F</b>	800 Free	HDW	9:16.33S	1	8.57
	1500 Free	HDW	17:47.51S	1	6.22