

**National Arena Swimming League 2019  
Round 1 Results (Plymouth)**

1	Ladies Open Individual Medley	Megan Vingoe	2:24.99S		
2	Mens Open Individual Medley	Hugo Arbones	2:46.84S		
3	Girls 9 - 11 yrs 4x2 F/S Relay	Chloe Stone	Izzy Durant	Evie Skinner	Macy Moyle
		2:25.22	33.63	37.82	37.09 36.68
4	Boys 9 - 11 yrs 4x2 F/S Relay	Josh Hayden	Ruan Coad	Finley Jeffrey	Thomas Belt
		2:22.05	37.73	34.57	35.69 34.06
5	Girls 13/U 4x2 Medley Relay	Megan Cumner	Amelia Durant	Evie Belt	Chloe Stone
		2:18.90	37.60	36.75	31.91 32.64
6	Boys 13/U 4x2 Medley Relay	Oscar Pascoe Buchanan	Sam Bray	Jowan Kerry	Sebastian Round
		2:33.40	37.24	46.21	36.20 33.75
7	Girls 15/U 4x2 F/S Relay	Amelia Durant	Kate Staples	Grace Turnock	Evie Belt
		2:01.47	29.32	32.01	30.67 29.47
8	Boys 15/U 4x2 F/S Relay	George Ward	Sam Bray	Michael Long	Hugo Arbones
		2:09.07	31.99	33.64	32.36 31.08
9	Ladies Open 4x2 Medley Relay	Kate Phesse	Megan Vingoe	Sarah Quartermaine	Emily Hoey
		* DQ Takeover 2:12.59	34.66	* 37.50	31.54 28.89
10	Mens Open 4x2 Medley Relay	Hugo Arbones	George Ward	Ben Kent	Michael Long
		2:17.10	35.59	35.03	32.72 33.76
11	Girls 10 - 11 yrs 50m Backstroke	Chloe Stone	38.93S		
12	Boys 10 - 11 yrs 50m Backstroke	Josh Hayden	43.24S		
13	Girls 13/U 100m Breaststroke	Amelia Durant	1:19.10S		
14	Boys 13/U 100m Breaststroke	Oscar Pascoe Buchanan	1:38.56S		
15	Girls 15/U 100m Backstroke	Grace Turnock	1:22.00S		
16	Boys 15/U 100m Backstroke	George Ward	1:17.40S		
17	Ladies Open 100m Butterfly	Sarah Quartermaine	1:08.78S		
18	Mens Open 100m Butterfly	Jowan Kerry	1:23.60S		
19	Girls 10 - 11 yrs 50m Butterfly	Izzy Durant	42.74S		
20	Boys 10 - 11 yrs 50m Butterfly	Thomas Belt	40.11S		
21	Girls 13/U 100m Backstroke	Amelia Durant	1:12.49S		
22	Boys 13/U 100m Backstroke	Michael Long	1:26.07S		
23	Girls 15/U 100m Butterfly	Evie Belt	1:11.74S		
24	Boys 15/U 100m Butterfly	Hugo Arbones	1:16.06S		
25	Girls Open 100m Backstroke	Isabelle Andrews	1:09.53S		
26	Boys Open 100m Backstroke	George Ward	1:20.23S		
27	Girls 10 - 11 yrs 50m Breaststroke	Macy Moyle	46.42S		
28	Boys 10 - 11 yrs 50m Breaststroke	Thomas Belt	44.13S		
29	Girls 13/U 100m Butterfly	Evie Belt	1:10.61S		

30	Boys 13/U 100m Butterfly	Jowan Kerry	1:27.39S					
31	Girls 15/U 100m Freestyle	Kate Staples	1:08.39S					
32	Boys 15/U 100m Freestyle	Hugo Arbones	1:06.50S					
33	Ladies Open 100m Breaststroke	Megan Vingoe	1:21.69S					
34	Mens Open 100m Breaststroke	Ben Kent	1:20.00S					
35	Girls 10 - 11 yrs 50m Freestyle	Chloe Stone	33.47S					
36	Boys 10 - 11 yrs 50m Freestyle	Finley Jeffrey	35.34S					
37	Girls 13/U 100m Freestyle	Evie Belt	1:04.94S					
38	Boys 13/U 100m Freestyle	Michael Long	1:16.94S					
39	Girls 15/U 100m Breaststroke	Amelia Durant	1:20.68S					
40	Boys 15/U 100m Breaststroke	Oscar Pascoe Buchanan	1:39.42S					
41	Ladies Open 100m Freestyle	Emily Hoey	1:03.64S					
42	Mens Open 100m Freestyle	Ben Kent	1:04.31S					
43	Girls 9 - 11 yrs 4x2 Medley Relay	Izzy Durant	Macy Moyle	Chloe Stone	Evie Skinner			
		2:46.40	42.55	48.30	37.88	37.67		
44	Boys 9 - 11 yrs 4x2 Medley Relay	Josh Hayden	Finley Jeffrey	Thomas Belt	Ruan Coad			
		2:49.38	44.05	49.71	41.31	34.31		
45	Girls 13/U 4x2 F/S Relay	Amelia Durant	Evie Belt	Megan Cumner	Chloe Stone			
		2:04.45	29.05	29.31	31.52	34.57		
46	Boys 13/U 4x2 F/S Relay	Jowan Kerry	Sebastian Round	Sam Bray	Oscar Pascoe Buchanan			
		2:15.21	33.34	33.86	33.68	34.33		
47	Girls 15/U 4x2 Medley Relay	Grace Turnock	Amelia Durant	Evie Belt	Kate Staples			
		2:20.74	38.10	37.81	32.83	32.00		
48	Boys 15/U 4x2 Medley Relay	George Ward	Oscar Pascoe Buchanan	Hugo Arbones	Michael Long			
		2:27.10	36.40	45.22	31.58	33.90		
49	Girls Open 6x2 F/S Relay	Sarah Quartermaine	Kate Staples	Emily Hoey	Megan Vingoe	Isabelle Andrews	Amelia Durant	
		2:56.94	29.65	30.53	29.52	29.06	28.89	29.29
50	Boys Open 6x2 F/S Relay	Ben Kent	Sam Bray	George Ward	Oscar Pascoe Buchanan	Hugo Arbones	Michael Long	
		3:09.72	28.24	34.00	31.52	34.34	splits not available	