

CLOSING DATE FOR ENTRIES IS MONDAY 8TH JULY AT THE VERY LATEST



**CARN BREA & HELSTON
SUMMER DIDDY GALA, 2019**
Sunday 14th July at Carn Brea



PROGRAMME

1	Girls 25m Free	11	Girls 50m Breast
2	Boys 25m Free	12	Boys 50m Breast
3	Girls 50m Free	13	Girls 25m Butterfly
4	Boys 50m Free	14	Boys 25m Butterfly
5	Girls 25m Back	15	Girls 50m Butterfly
6	Boys 25m Back	16	Boys 50m Butterfly
7	Girls 50m Back	17	Girls 100m Individual Medley
8	Boys 50m Back	18	Boys 100m Individual Medley
9	Girls 25m Breast		
10	Boys 25m Breast		

FINAL CLOSING DATE FOR ENTRIES IS Monday 8th July

Forms may be handed in at the club desk on any Monday, or handed in to Caroline Trestrail by 8pm on Monday 8th July, enclosing entry fee, £1 per event.

Entry forms must be signed by your swim teacher.



Name: _____ boy / girl (please delete as necessary)

Date of Birth: _____ Swim Group: _____

Please put a tick ✓ in the table below for each event that you would like to enter - Maximum 5 events.

Swordfish only (Except Fly)	25m Free Events 1/2	25m Back Events 5/6	25m Breast Events 9/10	25m Fly Events 13/14	X
	50m Free Events 3/4	50m Back Events 7/8	50m Breast Events 11/12	50m Fly Events 15/16	

Swim Teacher Signature: _____

Swim Teacher's Name: _____

Please get your form signed by your swim teacher and hand in your entry at the club desk on any Monday or give to Caroline Trestrail by 8pm on Monday 8th July, enclosing entry fee - £1 per event.

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DIDDY GALA INFORMATION AND RULES

1. **DIDDY GALA** open to all swimmers in **Swordfish, Dolphins and Sharks** (NB Sharks entries subject to condition 3).
2. **Sunday Warm up 5.30 for 5.50 start.**
3. Any **Sharks** wishing to get updated times may enter but only for time trials - there will not be any awards for Sharks.
4. Swimmers from **Swordfish** may select **either 25m or 50m** for the strokes they wish to enter; they **cannot swim both distances** for the same stroke.
5. **Swordfish** may choose to swim 50m if they are able to swim the distance as well as turn and finish correctly (*Swimmers can start getting times for other galas and team selection for when they reach 9*) - *If the stroke or turn is still difficult, then they should enter 25m.* (Swordfish may mix and match 25m and 50m events)
6. All **Dolphins** and all **Sharks** must enter **50m** events - they cannot enter 25m events, with the exception that Dolphins may enter 25m Fly if they cannot do 50m Fly.
7. Any **Swordfish, Dolphins or Sharks** may enter 100m Individual Medley if they are capable of swimming all four strokes correctly and with the correct turns. (Subject to conditions 3 & 8)
8. Entry forms must be **signed by your child's swim teacher** who will have the final decision regarding strokes and distances that swimmers may enter. **Please note that you will not be able to enter extra events on the day of the gala.**
9. Awards for the top 3 swimmers in each event in the following age groups: 7 & U, 8 - 9, 10 & Over. (Swordfish and Dolphins only - Sharks entries are Time Trials)
10. Ages as at midnight on 14th July 2019.
11. Closing Date for entry is Monday 8th July 2019.

Please also note:

- It is a swimming courtesy to inform the club if after entering swimmers find that they are unable to swim. Please contact Caroline Trestrail: 01209 612592 or caroline.trestrail@gmail.com
- Swimmers will be allocated a heat and a lane to swim in and must not change this. If they miss their swim they will not be given another opportunity to swim it.
- Swimmers will only be given one opportunity to swim each event, so they need to make sure that they swim their best!
- Events will be swum slowest to fastest where swimmers already have times. If not they will be swum in swim group order.
- Swimmers **must report to the Team Manager** when they arrive at the pool, and **well before warm up starts**, to be registered. **Swimmers who have not registered may be assumed to have pulled out, and may lose their swims.** If you know that you will be late, you must let the club know.