

**2019 Cornwall ASA Age Groups & Championships  
Individual Results**

**CONGRATULATIONS**

to all our swimmers who have competed in the 2019 Cornwall County Championships.

Here are the final results:

**They include 187 new PBs,**

**65 finalist places,**

**11 SENIOR COUNTY CHAMPIONS,**

**5 Junior County Champions, 37 Age Group Champions**

and a further 79 medallists (top three places HDW or Finalist)

Well done everyone!

(Places are shown by age group, 10-11, 12, 13, 14, 15, 16 & over.)

	<b>Event</b>	<b>F/P/S</b>	<b>Time</b>	<b>Place</b>	<b>Improv</b>
<b>Hugo Arbones (15) M</b>	100 IM	Heat	1:16.44S	4	-1.89
	100 IM	<b>Finalist!!</b>	1:15.40S	4	-2.93
	50 Fly	Heat	30.70S	3	-1.69
	50 Fly	<b>Finalist!!</b>	31.45S	3	-0.94
	50 Free	Heat	29.39S	7	0.26
	100 Free	Heat	1:07.00S	12	-3.58
<b>Evie Belt (13) F</b>	800 Free	HDW	9:51.03S	1	-18.63
	1500 Free	HDW	18:54.39S	1	-3.74
	400 Free	HDW	4:43.91S	1	-7.61
	50 Breast	Heat	40.68S	4	-0.76
	50 Breast	<b>Finalist!!</b>	40.48S	5	-0.96
	200 Breast	HDW	3:10.99S	4	-10.64
	100 IM	Heat	1:17.18S	2	-1.78
	100 IM	<b>Finalist!!</b>	1:15.84S	2	-3.12
	200 Free	HDW	2:18.46S	2	-5.08
	50 Fly	Heat	33.58S	1	-0.80
	50 Fly	<b>Finalist!!</b>	33.66S	1	-0.72
	200 Back	HDW	2:41.43S	1	-2.88
	100 Free	Heat	1:07.43S	2	0.78
	100 Free	<b>Finalist!!</b>	1:06.15S	2	-0.50
	400 IM	HDW	5:32.39S	1	-0.41
	200 Fly	HDW	2:46.43S	1	0.22
	50 Free	Heat	31.35S	3	0.07
	50 Free	<b>Finalist!!</b>	30.82S	3	-0.46
	200 IM	HDW	2:44.66S	2	4.99
	50 Back	Heat	35.79S	5	-1.05
	50 Back	<b>Finalist!!</b>	35.62S	5	-1.22
	100 Breast	Heat	NS	---	---
	100 Fly	Heat	1:16.69S	1	-0.07
	100 Fly	<b>Finalist!!</b>	1:13.70S	1	-3.06
<b>Thomas Belt (11) M</b>	800 Free	HDW	11:59.95S	1	-43.52
	400 Free	HDW	5:54.58S	2	-5.59
	50 Breast	Heat	47.29S	4	0.18
	50 Breast	<b>Finalist!!</b>	46.42S	4	-0.69
	200 Breast	HDW	3:38.31S	2	2.45
	100 IM	Heat	1:33.98S	8	0.79
	200 IM	HDW	3:12.00S	3	-3.44
	50 Fly	Heat	41.52S	11	0.99
	100 Fly	Heat	1:40.38S	4	1.92

	Event	F/P/S	Time	Place	Improv
<b>Thomas Belt (11) M (cont)</b>					
	100 Fly	<b>Finalist!!</b>	1:35.72S	4	-2.74
	400 IM	HDW	6:39.28S	1	-17.07
	100 Back	Heat	1:29.48S	6	-3.45
	100 Back	<b>Finalist!!</b>	1:29.03S	5	-3.90
	50 Free	Heat	35.77S	8	0.74
	200 Free	HDW	2:52.80S	3	1.82
	50 Back	Heat	43.18S	9	0.26
	100 Breast	Heat	1:40.43S	2	-2.85
	100 Breast	<b>Finalist!!</b>	1:37.74S	2	-5.54
	100 Free	Heat	1:21.11S	10	-2.74
<b>Megan Cumner (12) F</b>					
	50 Breast	Heat	47.38S	11	-3.27
	200 Breast	HDW	3:32.74S	5	-15.43
	100 IM	Heat	1:27.76S	5	-5.96
	100 IM	<b>Finalist!!</b>	1:27.70S	5	-6.02
	200 Free	HDW	2:43.36S	5	-9.36
	50 Fly	Heat	41.17S	8	-1.41
	100 Free	Heat	1:17.63S	10	-6.13
	50 Free	Heat	35.61S	20	-0.17
	200 IM	HDW	3:06.63S	5	-14.64
	50 Back	Heat	42.28S	17	0.55
	100 Breast	Heat	1:41.58S	8	-3.43
<b>Tabitha Delbridge (13) F</b>					
	100 IM	Heat	1:28.83S	15	-2.19
	50 Free	Heat	35.30S	22	0.14
	50 Back	Heat	40.60S	15	0.18
<b>Mace Dickinson (17) M</b>					
	1500 Free	HDW	19:19.75S	4	-32.47
	100 IM	Heat	1:12.13S	14	-2.53
	50 Free	Heat	28.74S	28	-0.15
	200 Free	HDW	2:17.05S	17	2.61
	100 Free	Heat	1:02.03S	24	-0.67
<b>Amelia Durant (13) F</b>					
	800 Free	HDW	10:05.78S	2	-7.25
	50 Breast	Heat	36.69S	1	-1.22
	50 Breast	<b>Finalist!!</b>	36.86S	1	-1.05
	<b>200 Breast</b>	<b>HDW</b>	<b>2:48.80S</b>	<b>1</b>	-1.07
	100 IM	Heat	1:13.29S	1	-2.92
	100 IM	<b>Finalist!!</b>	1:12.86S	1	-3.35
	200 Free	HDW	2:18.22S	1	-2.07
	50 Fly	Heat	34.18S	3	-2.78
	50 Fly	<b>Finalist!!</b>	33.67S	2	-3.29
	100 Free	Heat	1:03.83S	1	-1.98
	100 Free	<b>Finalist!!</b>	1:03.03S	1	-2.78
	100 Back	Heat	1:15.47S	1	-3.70
	100 Back	<b>Finalist!!</b>	1:14.31S	1	-4.86
	50 Free	Heat	30.38S	1	-0.43
	50 Free	<b>Finalist!!</b>	30.27S	1	-0.54
	200 IM	HDW	2:38.95S	1	-3.91
	50 Back	Heat	34.90S	3	-1.83
	50 Back	<b>Finalist!!</b>	35.28S	4	-1.45
	100 Breast	Heat	1:20.82S	1	0.38
	100 Breast	<b>Finalist!!</b>	1:21.27S	1	0.83
<b>Hollie Durant (14) F</b>					
	200 Free	HDW	2:36.84S	17	3.31
	200 Back	HDW	3:01.37S	9	8.04
	100 Free	Heat	1:13.21S	18	1.59
	50 Free	Heat	32.04S	10	-0.23

	Event	F/P/S	Time	Place	Improv
<b>Turaya Evans (16) F</b>					
	50 Breast	Heat	37.72S	7	0.36
	100 IM	Heat	1:08.75S	1	-0.60
	100 IM	<b>Finalist!!</b>	1:08.78S	2	-0.57
	200 Back	HDW	2:19.53S	2	0.60
	100 Free	Heat	1:02.73S	6	1.22
	100 Free	<b>Finalist!!</b>	1:02.14S	5	0.63
	100 Back	Heat	1:03.55S	1	1.32
	<b>100 Back</b>	<b>Finalist!!</b>	<b>1:03.56S</b>	<b>1</b>	1.33
	50 Free	Heat	28.58S	4	0.16
	50 Free	<b>Finalist!!</b>	28.94S	5	0.52
	50 Back	Heat	29.51S	1	0.24
	<b>50 Back</b>	<b>Finalist!!</b>	<b>29.58S</b>	<b>1</b>	0.31
	100 Breast	Heat	1:23.04S	6	1.66
	100 Breast	<b>Finalist!!</b>	1:22.08S	5	0.70
<b>Jowan Handford (14) M</b>					
	50 Breast	Heat	45.57S	12	0.60
	100 IM	Heat	1:24.56S	14	0.50
	200 IM	HDW	2:58.82S	11	-4.09
	50 Fly	Heat	35.60S	11	-0.53
	100 Back	Heat	1:22.60S	11	-1.32
	50 Free	Heat	32.96S	13	-1.13
	50 Back	Heat	38.12S	14	-0.44
	100 Breast	Heat	1:37.19S	7	-3.11
	100 Free	Heat	1:14.58S	16	-0.57
<b>Kai Handford (12) M</b>					
	100 Back	Heat	1:34.14S	8	-0.21
	50 Back	Heat	43.01S	11	0.14
	100 Free	Heat	1:29.37S	10	2.28
<b>Emily Hoey (23) F</b>					
	50 Fly	Heat	31.87S	6	0.56
	50 Fly	<b>Finalist!!</b>	31.59S	6	0.28
<b>Lyndon Holmes-Beddow (19) M</b>					
	50 Fly	Heat	28.05S	7	0.03
	50 Free	Heat	25.99S	11	0.58
	200 Free	HDW	2:07.07S	7	5.30
	100 Free	Heat	57.04S	9	1.89
<b>Finley Jeffrey (11) M</b>					
	100 Free	Heat	1:26.48S	17	-5.37
<b>Callum Jolly (15) M</b>					
	100 Back	Heat	1:18.43S	6	0.93
	50 Free	Heat	30.67S	11	0.46
	100 Free	Heat	1:06.85S	11	-0.36
<b>Jowan Kerry (13) M</b>					
	100 IM	Heat	1:25.24S	8	-2.11
	50 Fly	Heat	35.85S	6	-2.37
	50 Fly	<b>Finalist!!</b>	36.70S	6	-1.52
	100 Fly	Heat	1:24.47S	2	-4.75
	100 Fly	<b>Finalist!!</b>	1:25.06S	3	-4.16
	50 Free	Heat	33.82S	8	-0.20
	50 Back	Heat	38.66S	8	-0.55
	100 Free	Heat	1:17.47S	11	0.42

	Event	F/P/S	Time	Place	Improv
<b>Darcey Laurence (12) F</b>					
	800 Free	HDW	10:49.79S	1	-22.51
	1500 Free	HDW	20:23.56S	1	---
	400 Free	HDW	5:08.62S	1	-15.82
	100 IM	Heat	1:20.27S	1	-2.11
	100 IM	<b>Finalist!!</b>	1:17.70S	1	-4.68
	200 Free	HDW	2:28.84S	1	-6.29
	50 Fly	Heat	35.42S	1	0.08
	50 Fly	<b>Finalist!!</b>	34.16S	1	-1.18
	200 Back	HDW	DQ	---	---
	100 Free	Heat	1:09.94S	1	0.43
	100 Free	<b>Finalist!!</b>	1:08.14S	1	-1.37
	100 Back	Heat	1:19.18S	1	-2.69
	100 Back	<b>Finalist!!</b>	1:17.71S	1	-4.16
	200 Fly	HDW	3:02.77S	1	-13.50
	50 Free	Heat	32.20S	2	0.36
	50 Free	<b>Finalist!!</b>	31.07S	2	-0.77
	200 IM	HDW	2:50.02S	1	-7.67
	50 Back	Heat	37.64S	2	0.35
	50 Back	<b>Finalist!!</b>	35.54S	1	-1.75
	100 Fly	Heat	1:25.61S	1	1.47
	100 Fly	<b>Finalist!!</b>	1:20.46S	1	-3.68
<b>Michael Long (13) M</b>					
	800 Free	HDW	11:27.84S	5	---
	400 Free	HDW	5:51.88S	8	5.13
	400 IM	HDW	DQ	---	---
	50 Free	Heat	34.28S	9	-0.30
	200 Free	HDW	2:42.05S	6	1.62
	100 Free	Heat	1:14.93S	10	-2.62
<b>Charlotte Lyford (14) F</b>					
	200 Breast	HDW	3:23.23S	8	-7.03
	100 IM	Heat	1:26.11S	17	0.29
	200 Free	HDW	2:36.07S	16	-0.79
	100 Free	Heat	1:13.14S	16	1.52
	50 Free	Heat	33.57S	16	0.73
	100 Breast	Heat	1:39.67S	10	1.02
<b>Daniel Lyford (18) M</b>					
	50 Breast	Heat	32.63S	5	0.59
	50 Breast	<b>Finalist!!</b>	32.72S	5	0.68
	200 Breast	HDW	2:41.55S	3	1.06
	100 IM	Heat	1:05.79S	8	1.65
	200 IM	HDW	2:24.61S	6	2.36
	50 Fly	Heat	29.65S	15	0.02
	50 Free	Heat	25.42S	5	0.24
	50 Free	<b>Finalist!!</b>	25.25S	5	0.07
	100 Breast	Heat	1:13.26S	2	0.46
	100 Breast	<b>Finalist!!</b>	1:14.39S	4	1.59
	100 Free	Heat	55.72S	5	0.96
	100 Free	<b>Finalist!!</b>	56.03S	5	1.27
<b>Kerenza Matraves-Piotrowicz (16) F</b>					
	50 Breast	Heat	43.96S	17	2.04
	200 Breast	HDW	3:20.75S	9	4.49
	100 IM	Heat	1:23.36S	23	4.18
	50 Back	Heat	35.80S	15	0.13
<b>Erin Mellor (12) F</b>					
	50 Free	Heat	37.32S	28	-2.09
<b>Tilly Moore (12) F</b>					
	200 Breast	HDW	3:45.97S	11	-10.90

	Event	F/P/S	Time	Place	Improv
<b>Oriana Noel (15) F</b>					
	50 Fly	Heat	29.08S	1	-3.15
	<b>50 Fly</b>	<b>Finalist!!</b>	<b>28.99S</b>	<b>1</b>	-3.24
	<b>200 Fly</b>	<b>HDW</b>	<b>2:21.88S</b>	<b>1</b>	-21.10
	50 Free	Heat	27.98S	1	-2.30
	<b>50 Free</b>	<b>Finalist!!</b>	<b>27.52S</b>	<b>1</b>	-2.76
	100 Fly	Heat	1:05.12S	1	-6.36
	<b>100 Fly</b>	<b>Finalist!!</b>	<b>1:04.70S</b>	<b>1</b>	-6.78
<b>Ellie Pesse (18) F</b>					
	100 IM	Heat	1:09.25S	2	-1.48
	<b>100 IM</b>	<b>Finalist!!</b>	<b>1:08.65S</b>	<b>1</b>	-2.08
	200 Free	HDW	2:11.86S	2	-1.05
	50 Fly	Heat	30.78S	2	-0.38
	50 Fly	<b>Finalist!!</b>	30.63S	2	-0.53
	<b>200 Back</b>	<b>HDW</b>	<b>2:16.73S</b>	<b>1</b>	-0.05
	100 Free	Heat	59.91S	1	0.95
	<b>100 Free</b>	<b>Finalist!!</b>	<b>59.69S</b>	<b>1</b>	0.73
<b>Isabel Pesse (14) F</b>					
	100 IM	Heat	1:21.09S	8	-1.38
	200 Free	HDW	2:32.97S	12	-0.15
	100 Free	Heat	1:09.44S	10	-1.00
	50 Free	Heat	32.15S	12	-0.21
<b>Kate Pesse (17) F</b>					
	50 Breast	Heat	41.90S	15	0.24
	100 IM	Heat	1:17.62S	16	-1.43
	100 Free	Heat	1:06.58S	13	-1.42
	100 Back	Heat	1:14.32S	8	0.28
	50 Free	Heat	30.74S	17	-0.41
<b>Tom Phillips (14) M</b>					
	1500 Free	HDW	20:20.36S	4	-35.66
	200 IM	HDW	2:50.62S	9	2.43
	50 Fly	Heat	33.63S	8	-2.15
	100 Fly	Heat	1:19.92S	7	1.69
	400 IM	HDW	5:56.97S	3	-6.34
	100 Back	Heat	1:18.65S	8	-4.49
	200 Fly	HDW	2:55.43S	4	-2.96
	200 Free	HDW	2:22.06S	4	-5.03
	100 Free	Heat	1:03.92S	5	-0.95
	100 Free	<b>Finalist!!</b>	1:04.47S	4	-0.40
<b>Henry Pickering (14) M</b>					
	50 Breast	Heat	42.96S	8	-1.50
	50 Free	Heat	33.31S	14	-0.42
	100 Breast	Heat	1:34.88S	5	-0.28
	100 Breast	<b>Finalist!!</b>	1:35.48S	6	0.32
<b>Sarah Quartermaine (33) F</b>					
	50 Fly	Heat	31.45S	4	0.51
	50 Fly	<b>Finalist!!</b>	30.99S	3	0.05
	200 Fly	HDW	2:34.96S	2	4.56
	100 Fly	Heat	1:11.65S	4	4.57
	100 Fly	<b>Finalist!!</b>	1:08.69S	3	1.61
<b>Joe Railton (15) M</b>					
	100 IM	Heat	1:18.48S	6	-1.37
	100 IM	<b>Finalist!!</b>	1:18.66S	6	-1.19
	50 Free	Heat	29.33S	6	-0.66
	50 Free	<b>Finalist!!</b>	29.53S	6	-0.46
	100 Free	Heat	1:04.42S	8	-2.33

	Event	F/P/S	Time	Place	Improv
<b>Thomas Ryder (12) M</b>					
	100 IM	Heat	1:29.15S	6	-6.07
	100 IM	<b>Finalist!!</b>	1:27.42S	5	-7.80
	50 Fly	Heat	39.68S	6	-4.26
	50 Fly	<b>Finalist!!</b>	39.31S	6	-4.63
	200 Back	HDW	3:03.55S	5	-10.39
	200 Free	HDW	2:42.19S	4	-10.23
	50 Back	Heat	40.51S	6	-2.29
	50 Back	<b>Finalist!!</b>	41.12S	6	-1.68
	100 Free	Heat	1:17.07S	6	-7.98
	100 Free	<b>Finalist!!</b>	1:17.69S	6	-7.36
<b>Kate Staples (14) F</b>					
	1500 Free	HDW	22:31.50S	6	7.98
	200 Free	HDW	2:38.63S	19	-2.67
	100 Breast	Heat	1:42.83S	12	3.49
	100 Fly	Heat	1:33.30S	9	5.08
<b>Ellen Stokes (12) F</b>					
	400 Free	HDW	5:58.77S	6	-5.16
	50 Breast	Heat	46.88S	9	-2.66
	200 Breast	HDW	3:44.41S	9	-6.83
	100 IM	Heat	1:32.15S	11	-3.52
	200 Free	HDW	2:54.18S	11	-2.09
	100 Free	Heat	1:17.43S	9	-2.52
	400 IM	HDW	7:14.97S	3	-4.33
	50 Free	Heat	35.43S	19	-0.15
	200 IM	HDW	3:19.60S	10	-2.60
	50 Back	Heat	41.74S	15	-1.08
	100 Breast	Heat	1:43.55S	13	-5.74
<b>Chloe Stone (10) F</b>					
	50 Breast	Heat	49.95S	8	-0.76
	200 Breast	HDW	3:51.45S	3	1.72
	100 IM	Heat	1:29.90S	3	-6.39
	100 IM	<b>Finalist!!</b>	1:27.48S	3	-8.81
	200 Free	HDW	2:48.55S	3	-11.90
	50 Fly	Heat	41.95S	7	-2.46
	200 Back	HDW	3:01.27S	3	-10.60
	100 Free	Heat	1:17.72S	3	-6.97
	100 Free	<b>Finalist!!</b>	DQ	---	---
	100 Back	Heat	1:26.34S	5	-4.38
	100 Back	<b>Finalist!!</b>	1:24.69S	3	-6.03
	50 Free	Heat	35.58S	8	0.19
	200 IM	HDW	3:12.44S	3	-20.13
	50 Back	Heat	41.17S	9	-1.39
	100 Breast	Heat	1:47.62S	4	-0.96
	100 Breast	<b>Finalist!!</b>	1:43.68S	2	-4.90
<b>Tamsin Stuart (14) F</b>					
	1500 Free	HDW	25:08.81S	8	0.72
<b>Grace Turnock (14) F</b>					
	1500 Free	HDW	23:29.45S	7	39.86
	200 Breast	HDW	3:36.16S	10	5.38
	100 IM	Heat	1:28.30S	19	2.80
	100 Free	Heat	1:13.17S	17	-0.74
	50 Free	Heat	33.37S	15	0.99
	50 Back	Heat	38.22S	16	0.17

	<b>Event</b>	<b>F/P/S</b>	<b>Time</b>	<b>Place</b>	<b>Improv</b>	
<b>Megan Vingoe (17) F</b>	800 Free	HDW	9:16.33S	1	8.57	
	1500 Free	HDW	17:47.51S	1	6.22	
	400 Free	HDW	4:33.18S	1	4.48	
	200 Breast	HDW	2:57.05S	4	7.92	
	100 IM	Heat	1:11.90S	6	3.02	
	100 IM	<b>Finalist!!</b>	1:14.18S	6	5.30	
	200 Free	HDW	2:10.41S	1	-0.03	
	50 Fly	Heat	32.26S	8	1.00	
	100 Free	Heat	1:02.54S	5	1.35	
	100 Free	<b>Finalist!!</b>	1:03.41S	6	2.22	
	400 IM	HDW	5:09.51S	1	2.60	
	200 IM	HDW	2:26.99S	1	2.77	
	100 Breast	Heat	1:23.61S	7	5.06	
	100 Fly	Heat	1:09.53S	1	1.09	
	100 Fly	<b>Finalist!!</b>	1:08.39S	2	-0.05	
	<b>George Ward (14) M</b>	100 IM	Heat	1:27.32S	15	1.40
		100 Back	Heat	1:18.44S	7	-1.89
50 Back		Heat	35.95S	10	-1.24	
100 Free		Heat	1:11.75S	12	-1.75	
<b>Harry Ward (11) M</b>	50 Breast	Heat	51.60S	13	1.47	
	100 Back	Heat	1:36.24S	12	-3.11	
	100 Free	Heat	1:29.13S	19	-2.83	