

## Summer National and Regional Swimming results

### CONGRATULATIONS

to *Turaya Evans and Sara Mazzeo*  
who qualified for and competed in the  
*2016 British Summer Championships at Sheffield*

	Event	F/P/S	Time	Place	Points	Improv
<b>Turaya Evans (13) F</b>	50 Back	Heat	31.70L	18	622	-0.01
<b>Sara Mazzeo (16) F</b>	50 Back	Heat	30.70L	11	684	-0.23

### CONGRATULATIONS ALSO

to *Turaya Evans, Sara Mazzeo, and Megan Vingoe*  
who qualified for and competed in the  
*2016 ASA Summer Championships at Sheffield*

<b>Turaya Evans (13) F</b>	100 Back	<b>Finalist!!</b>	1:08.51L	7	610	-0.07
	100 Back	Heat	1:09.11L	8	594	0.53
<b>Sara Mazzeo (16) F</b>	400 Free	<b>Finalist!!</b>	4:36.04L	4	647	-6.28
	400 Free	Heat	4:39.49L	6	624	-2.83
<b>Megan Vingoe (14) F</b>	400 Free	<b>Finalist!!</b>	4:38.18L	10	633	0.00
	400 Free	Heat	4:38.36L	6	631	0.18
	800 Free	HDW	9:27.21L	5	648	-6.75

### 2016 ASASW Fast Five

<b>Emily Hoey (20) F</b>	50 Free	HDW	28.87S	7	521	1.42
	50 Back	HDW	34.70S	13	404	0.42
	50 Breast	HDW	41.09S	13	344	1.86
	50 Fly	HDW	32.56S	10	419	1.25
	100 IM	HDW	DQ	---	---	---
<b>Mark Penrose (15) M</b>	50 Free	HDW	28.80S	15	348	0.61
	50 Back	HDW	36.88S	18	218	-1.34
	50 Breast	HDW	35.80S	5	350	-2.28
	50 Fly	HDW	32.89S	16	291	-2.64
	100 IM	HDW	1:14.27S	16	317	-4.25