

Performance Awards
achieved Spring 2018

Platinum	Stroke	time	Date	Gold	Stroke	time	Date	Silver	Stroke	time	Date	Bronze	Stroke	time	Date
Michael Long	400 Free	5:49.65	28/01/2018	Jowan Kerry	50 Fly	40.56	13/01/2018	Evie Thompson	50 Back	46.52	13/01/2018	Hazel Long	50 Back	53.70	21/01/2018
Grace Turnock	100 Free	1:14.48	28/01/2018	Lucy Webster	50 Back	42.78	21/01/2018	Sam Bray	50 Breast	50.99	13/01/2018	Chloe Stone	50 Breast	57.92	21/01/2018
Charlotte Lyford	100 Free	1:16.29	28/01/2018	Ellen Stokes	200 Free	2:59.31	27/01/2018	Ellen Stokes	50 Fly	44.73	13/01/2018	Joseph Clifton-Griffith	50 Fly	47.21	21/01/2018
Ben Laidler	200 Free	2:49.14	31/01/2018	Oscar Pascoe-Buchanan	50 Free	35.98	27/01/2018	Oscar Pascoe-Buchanan	50 Breast	51.61	28/01/2018	Ruan Trevail	200 Free	3:25.53	31/01/2018
Evie Belt	200 Back	2:57.13	03/02/2018	Ellen Stokes	100 Free	1:19.95	28/01/2018	Henry Pickering	200 Free	3:03.66	31/01/2018	Tabitha Delbridge	200 Free	3:26.19	31/01/2018
Evie Belt	200 Breast	3:21.63	04/02/2018	Jake Rogers	50 Fly	41.47	28/01/2018	Jake Rogers	200 Free	3:04.58	31/01/2018	Sowenna Bateman	200 Free	3:38.64	31/01/2018
James Belshaw	100 Back	1:22.96	04/02/2018	Jowan Kerry	100 IM	1:29.32	27/01/2018	Luke Mitchell	200 Free	3:17.29	31/01/2018	Malu Robinson	200 Free	3:43.69	31/01/2018
Tom Phillips	100 Back	1:23.64	04/02/2018	Michael Long	100 IM	1:33.39	27/01/2018	Alice Farnell	200 Free	3:13.40	31/01/2018	Sebastian Round	200 Back	4:05.80	31/01/2018
George Ward	100 Back	1:25.02	04/02/2018	Ben Laidler	200 Breast	3:42.59	31/01/2018	George Ward	200 Breast	3:49.92	31/01/2018	Evie Thompson	200 Back	3:49.10	31/01/2018
Evie Belt	100 Breast	1:35.32	03/02/2018	Jowan Handford	100 Back	1:28.84	31/01/2018	Joseph Clifton-Griffith	200 IM	3:37.22	31/01/2018	Ben Laidler	200 Fly	3:51.18	31/01/2018
Hollie Durant	100 Breast	1:37.28	03/02/2018	Callum Jolly	100 Breast	1:43.51	31/01/2018	Alice Farnell	200 IM	3:33.35	31/01/2018	Ellen Stokes	200 Fly	3:53.94	31/01/2018
				Kate Staples	100 Breast	1:43.97	31/01/2018	Abbie Rowe	50 Free	39.48	31/01/2018	Sebastian Round	200 IM	4:12.16	31/01/2018
				Thomas Belt	200 Free	2:58.07	03/02/2018	Jowan Handford	100 Free	1:23.97	31/01/2018	Evie Thompson	200 IM	4:01.20	31/01/2018
				Thomas Belt	50 Back	42.92	03/02/2018	Oscar Pascoe-Buchanan	100 Free	1:30.72	31/01/2018	Kyan Davis	50 Free	44.44	31/01/2018
				Joseph Clifton-Griffith	100 Back	1:32.51	04/02/2018	Abbie Rowe	50 Back	46.10	31/01/2018	Thomas Preston	50 Free	45.63	31/01/2018
				Tabitha Delbridge	100 IM	1:33.98	03/02/2018	Oscar Pascoe-Buchanan	100 Back	1:38.62	31/01/2018	Erin Mellor	50 Free	45.36	31/01/2018
								Jake Rogers	100 Back	1:38.98	31/01/2018	Kyan Davis	100 Free	1:39.37	31/01/2018
								Alice Farnell	100 Back	1:38.48	31/01/2018	Ruan Trevail	100 Free	1:41.38	31/01/2018
								Jowan Handford	100 Breast	1:49.03	31/01/2018	Abbie Rowe	100 Free	1:39.13	31/01/2018
								George Ward	100 Breast	1:52.07	31/01/2018	Izzy Durant	100 Free	1:41.93	31/01/2018
								Henry Pickering	100 IM	1:36.21	31/01/2018	Ruan Trevail	100 Back	1:46.10	31/01/2018
								Lucy Webster	100 IM	1:42.78	31/01/2018	Sam Hayden	50 Breast	59.75	31/01/2018
								Kai Handford	200 IM	3:39.78	04/02/2018	Oscar Pascoe-Buchanan	100 Breast	2:01.62	31/01/2018
								Thomas Ryder	100 Free	1:25.05	04/02/2018	Joseph Clifton-Griffith	100 Breast	2:07.73	31/01/2018
								Ellen Stokes	50 Breast	52.47	04/02/2018	Alice Farnell	100 Breast	1:57.69	31/01/2018
								Ellen Stokes	100 Breast	1:49.29	03/02/2018	Abbie Rowe	100 Breast	2:02.01	31/01/2018
								Finn Dorrell	50 Free	40.25	11/02/2018	Thomas Belt	100 Fly	1:44.48	31/01/2018
								Kyan Davis	50 Free	40.97	11/02/2018	Jake Rogers	100 Fly	1:44.93	31/01/2018
								Chloe Stone	50 Free	40.45	11/02/2018	Thomas Ryder	100 Fly	1:52.93	31/01/2018
								Tamsin Stuart	50 Free	40.62	11/02/2018	Grace Turnock	100 Fly	1:45.34	31/01/2018
								Kyan Davis	50 Back	46.22	11/02/2018	Alice Farnell	100 Fly	1:52.96	31/01/2018
								Sowenna Bateman	50 Back	47.09	11/02/2018	Sam Hayden	100 IM	1:55.81	31/01/2018
								Evie Thompson	100 IM	1:42.67	11/02/2018	Abbie Rowe	100 IM	1:52.42	31/01/2018
												Theo Davies	50 Free	42.37	11/02/2018
												Charlotte Trounson	50 Free	41.51	11/02/2018
												Freda Dymond-West	50 Free	44.34	11/02/2018
												Sophe Bugge	50 Free	45.19	11/02/2018
												Finn Dorrell	50 Back	48.17	11/02/2018
												Sebastian Round	50 Back	50.84	11/02/2018
												Mollie Laity	50 Back	48.33	11/02/2018
												Tamsin Stuart	50 Back	50.19	11/02/2018
												Emma Bugge	50 Back	52.64	11/02/2018
												Elsie Ryder	50 Back	54.34	11/02/2018
												Tamsin Stuart	50 Breast	53.43	11/02/2018
												Freda Dymond-West	50 Breast	56.30	11/02/2018
												Charlotte Trounson	50 Breast	58.61	11/02/2018
												Evie Thompson	50 Fly	50.41	11/02/2018
												Mollie Laity	50 Fly	50.47	11/02/2018
												Tamsin Stuart	50 Fly	52.16	11/02/2018
												Finn Dorrell	100 IM	1:53.00	11/02/2018
												Tamsin Stuart	100 IM	1:47.22	11/02/2018
												Emma Bugge	100 IM	1:53.50	11/02/2018
												Freda Dymond-West	100 IM	1:53.85	11/02/2018
												Sophe Bugge	100 IM	1:54.18	11/02/2018
												Charlotte Trounson	100 IM	1:55.66	11/02/2018