



CARN BREA & HELSTON SC
Level X
50m and 100m TIME TRIAL EVENINGS
Wednesday, Friday, & Sunday 16th , 18th & 20th November 2020

ENTRY FORM

Please complete and email to: rosie@philipgordon.co.uk

Name: _____ boy / girl (please delete as necessary)

Date of Birth: _____ Swim Group: _____

- You may only enter in a Session that you normally swim in, and
- You may only swim a TT for a maximum of TWO events in that session.

Please put a tick ✓ in the table below for each event that you would like to enter as a Time Trial, copy the form and email it to rosie@philipgordon.co.uk by Wednesday 4th November at the latest.

Wednesday Session 1	50m Events	50m Free	50m Back	50m Breast	50m Fly	
	100m Events	100m Free	100m Back	100m Breast	100m Fly	100m IM
Wednesday Session 2	50m Events	50m Free	50m Back	50m Breast	50m Fly	
	100m Events	100m Free	100m Back	100m Breast	100m Fly	100m IM
Friday Session 1	50m Events	50m Free	50m Back	50m Breast	50m Fly	
	100m Events	100m Free	100m Back	100m Breast	100m Fly	100m IM
Friday Session 2	50m Events	50m Free	50m Back	50m Breast	50m Fly	
	100m Events	100m Free	100m Back	100m Breast	100m Fly	100m IM
Sunday Session 1	50m Events	50m Free	50m Back	50m Breast	50m Fly	
	100m Events	100m Free	100m Back	100m Breast	100m Fly	100m IM
Sunday Session 2	50m Events	50m Free	50m Back	50m Breast	50m Fly	
	100m Events	100m Free	100m Back	100m Breast	100m Fly	100m IM

CLOSING DATE FOR ENTRIES IS SATURDAY 12TH DECEMBER AT THE VERY LATEST



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NB

- **Warm up Session 1**
 - **Wednesday:** 6.30pm for 6.40 start;
 - **Friday:** 7pm for 7.10 start
 - **Sunday:** 4.30pm warm up for 4.40 start
- **Warm up Session 2**
 - **Wednesday:** 7.30pm for 7.40 start
 - **Friday:** 8pm for 8.10 start
 - **Sunday:** 5.30pm warm up for 5.40 start
- The time trials will be swum under ASA laws and ASA technical rules of swimming. Swimmers will be disqualified if these rules are broken.
- There will be no awards – it is for times only.
- Only 50m and 100m events are available.
- ONLY AVAILABLE TO CURRENT CAT 2 SWIMMERS.
- Only available to Cat 2 swimmers whose ranked club is Carn Brea & Helston and from squads Sharks and above.
- Swimmers may only select two events in a Session that they would normally swim in.
- If you do not wish to do a TT in your session, there will be lanes available for normal training.
- NO TIMES WILL BE AVAILABLE TO SWIMMERS AFTER THEIR EVENT ON THE EVENING – It is planned that times will be published within 48 hours.
- Times will be sent to rankings as Level X times – a new level to allow for gaining Covid secure ranked times.
- Entries are by email only to rosie@philipgordon.co.uk – there are no paper entries.
- Programme of events will be confirmed by Event Management after all entries have been received following the closing date.
- Closing Date for entry is midnight Saturday 12th December, 2020.
- There will not be a programme available for this meet.
- There is no Entry Fee for these events, but please contact Caroline (07369 204782) and Rosie (rosie@philipgordon.co.uk) if you find that, after entering, you can no longer swim.
- Data Protection – Carn Brea & Helston Swimming Club uses a computer to record entries and results. By submitting entries and accepting entry to this Time Trial evening, consent is thereby given to the holding of personal information on a computer. Personal data recorded such as name, club, date of birth, and times entered and recorded may be made public after the evening.
- The pool is hired under agreements with the pool operator. As the pool is run primarily for the benefit of the public the temperature of the water and surrounding air is under the control of the pool operator. The water temperature is normally maintained above 28°C. No refunds will be given if a swimmer decides not to compete on the day based on water temperature, and a higher water temperature will not be a basis for a protest or complaint or legal action in the event of resulting harm.